



Takeaway: M9 S32 HP Nutrition Products Messages

Key Contents:

- General messages regarding hygiene of the nutrition products:
 - Explain to the caretakers that all the children and caretakers wash their hands before and after each meal.
 - Make sure the cups with the milk have a lid to cover them and that the RUTF is also covered at home and protected from rodents, insects etc.
 - At home, caretakers should make sure that the RUTF sachet is clean before the child starts to eat from it.
- The caretaker in **ITFC** should receive the following information on nutrition products:
 - The child will receive therapeutic milk as the only food (in phase 1)
 - In the beginning, the child cannot receive anything other than water if they are thirsty in addition to the therapeutic milk.
 - Breastfeeding should be maintained and promoted.
 - As the child's condition improves on the ITFC and they recover their appetite, RUTF will be introduced slowly and the child will continue their treatment at home with a bi/weekly follow-up in the ATFC.
- The caretaker in **ATFC** should receive the following information on nutrition products:
 - RUTF is a medicine: RUTF is part of the medical nutritional treatment and should be only given to the malnourished child. Not to be shared with the rest of the family.
 - RUTF is the main food for the child. Other foods (porridge, family meals) should only be given after the RUTF is consumed.
 - RUTF be divided in small quantities throughout the day (easy to eat than all in one go)
 - Plenty of water should be given because RUTF doesn't contain water and the child becomes thirsty when eating RUTF.
 - Breastfeeding always has the priority over nutrition products, thus always breastfeed before giving RUTF or therapeutic milks.