

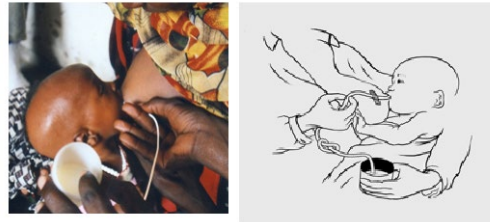


Takeaway: Supplemental Suckling Technique (Using a naso-gastric tube at the breast)

Supplementary Suckling Technique

- This technique is used to **stimulate the production of breast milk** (double suction method).
- One end of a soft, small-calibre naso-gastric tube (**CH 5 or 6, max. 8**) is fixed on the mother's breast with a piece of tape in a manner such the tip reaches the nipple.
- The other end is placed in a cup of milk (breast milk or appropriate alternative like BMS or F-100 diluted).
- When the child nurses, **s/he drinks the milk from the cup while simultaneously stimulating the nipple.**
- **Initiate each feeding session on alternate breasts** to avoid excessive nursing/nipple cracking on one side.
- Adjust the speed of milk intake by raising or lowering the cup or by pinching the feeding tube.
- Any milk left in the cup after the infant stops nursing should be fed via cup or spoon.
- Feeding bottles must be avoided due to high risk of infection.
- **To prevent contamination or blockage, rinse the tube in warm water after each feeding, let air dry** and put it away, clean, in its wrapper. Replace the tube when it has visible milk sediments that you cannot clean out.

SUPPLEMENTAL SUCKLING TECHNIQUE USING A NGT



Naso-gastric tube; may be necessary initially only if infant is not able to suckle at all. In this case encourage mother to express breast milk and feed through the naso-gastric tube completing the required volume with BMS or F-100 diluted.