



Takeaway: Attachment

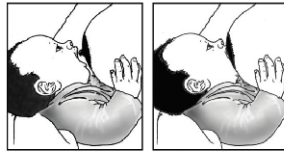
Good attachment-Positioning

Attachment

1. Infant's mouth wide open.
2. Lower lip turned outwards.
3. Chin touching breast.
4. More darker skin (areola) visible above than below the mouth.

Positioning

1. Infant's body should be straight, not bent or twisted.
2. Infant's body should be facing the breast.
3. Infant should be held close to mother.
4. Mother should support the infant's whole body, not just neck and shoulders (for tummy down or reclining position: assisted by gravity, with baby's full weight resting on mother's body during the period the infant is learning to breastfeed; works with caesarean sections).



ATTACHMENT-POSITIONING



Optional video:

<https://globalhealthmedia.org/portfolio-items/attaching-your-baby-at-the-breast/?portfolioID=5623>