

Card 1: Role Play of maternal concerns

One person plays the role of the mother and another person plays the role of a nurse in the ITFC ward. The mother is worried because she thinks that she has “not enough” breast milk and that she is not able to breastfeed her infant. The nurse will explore why she thinks this and give appropriate advice

Material: no needed

---cut here-----

Card 2: Role Play Breast milk expression technique

One person plays the role of the mother and another person plays the role of a nurse in the ITFC ward. The nurse explains the breast milk expression technique to the mother and the mother follows the nurse’s instructions.

Material: a balloon to simulate the breast and a marker to draw the nipple and the areola.

---cut here-----

Card 3: Role Play cup feeding technique

One person plays the role of the mother and another person plays the role of a nurse in the ITFC ward. The nurse explains the cup feeding technique to the mother and the mother follows the nurse’s instructions.

Material: A baby doll is needed to simulate the baby, a cup

---cut here-----

Card 4: Role Play SST technique

One person plays the role of the mother and another person plays the role of a nurse in the ITFC ward. The nurse explains the SST technique to the mother while putting the NGT on the breast (balloon)

Material: A baby doll is needed to simulate the baby, a cup for the SST, a NGT (nº 5,6, or 8), and a piece of tape to paste the NGT to the balloon (breast).