



## Takeaway: Quick Tables for quantities of milk by weight category. Infants WITHOUT the possibility to be breastfed

### BREASTMILK SUBSTITUTE (BMS)

#### STAGE 1 (100kcal/kg/day)

WEIGHT CATEGORY (kg)	BMS PER DAY (ml)	BMS PER FEED - <u>8</u> FEEDS (ml)	BMS PER FEED - <u>12</u> FEEDS (ml)
1.50-1.74	249	31	21
1.75-1.99	288	36	24
2.00-2.24	326	41	27
2.25-2.49	365	46	30
2.50-2.74	403	50	34
2.75-2.99	441	55	37
3.00-3.24	480	60	40
3.25-3.49	518	65	43
3.50-3.74	557	70	46
3.75-3.99	595	74	50
4.00-4.24	634	79	53
4.25-4.49	672	84	56
4.50-4.74	711	89	59
4.75-4.99	749	94	62
5.00-5.24	787	98	66
5.25-5.49	826	103	69
5.50-5.74	864	108	72
5.75-5.99	903	113	75
6.00-6.24	941	118	78
6.25-6.49	980	122	82
6.50-6.74	1018	127	85
6.75-6.99	1057	132	88
7.00-7.24	1095	137	91
7.25-7.49	1134	142	94
7.50-7.74	1172	146	98
7.75-7.99	1210	151	101
8.00-8.24	1249	156	104
8.25-8.49	1287	161	107
8.50-8.74	1326	166	110
8.75-8.99	1364	171	114
9.00-9.24	1403	175	117
9.25-9.49	1441	180	120
9.50-9.74	1480	185	123
9.75-9.99	1518	190	127



## Takeaway: Quick Tables for quantities of milk by weight category. Infants WITHOUT the possibility to be breastfed

### BREASTMILK SUBSTITUTE (BMS)

#### STAGE 2 (110-130kcal/kg/day)

WEIGHT CATEGORY (kg)	BMS PER DAY (ml)	BMS PER FEED - <u>8</u> FEEDS (ml)	BMS PER FEED - <u>12</u> FEEDS (ml)
1.50-1.74	299	37	25
1.75-1.99	345	43	29
2.00-2.24	391	49	33
2.25-2.49	437	55	36
2.50-2.74	484	60	40
2.75-2.99	530	66	44
3.00-3.24	576	72	48
3.25-3.49	622	78	52
3.50-3.74	668	84	56
3.75-3.99	714	89	60
4.00-4.24	760	95	63
4.25-4.49	807	101	67
4.50-4.74	853	107	71
4.75-4.99	899	112	75
5.00-5.24	945	118	79
5.25-5.49	991	124	83
5.50-5.74	1037	130	86
5.75-5.99	1083	135	90
6.00-6.24	1130	141	94
6.25-6.49	1176	147	98
6.50-6.74	1222	153	102
6.75-6.99	1268	158	106
7.00-7.24	1314	164	110
7.25-7.49	1360	170	113
7.50-7.74	1406	176	117
7.75-7.99	1452	182	121
8.00-8.24	1499	187	125
8.25-8.49	1545	193	129
8.50-8.74	1591	199	133
8.75-8.99	1637	205	136
9.00-9.24	1683	210	140
9.25-9.49	1729	216	144
9.50-9.74	1775	222	148
9.75-9.99	1822	228	152



## Takeaway: Quick Tables for quantities of milk by weight category. Infants WITHOUT the possibility to be breastfed

### BREASTMILK SUBSTITUTE (BMS)

#### STAGE 3 (150kcal/kg/day)

WEIGHT CATEGORY (kg)	BMS PER DAY (ml)	BMS PER FEED - 8 FEEDS (ml)	BMS PER FEED - 12 FEEDS (ml)
1.50-1.74	374	47	31
1.75-1.99	431	54	36
2.00-2.24	489	61	41
2.25-2.49	547	68	46
2.50-2.74	604	76	50
2.75-2.99	662	83	55
3.00-3.24	720	90	60
3.25-3.49	777	97	65
3.50-3.74	835	104	70
3.75-3.99	893	112	74
4.00-4.24	950	119	79
4.25-4.49	1008	126	84
4.50-4.74	1066	133	89
4.75-4.99	1124	140	94
5.00-5.24	1181	148	98
5.25-5.49	1239	155	103
5.50-5.74	1297	162	108
5.75-5.99	1354	169	113
6.00-6.24	1412	176	118
6.25-6.49	1470	184	122
6.50-6.74	1527	191	127
6.75-6.99	1585	198	132
7.00-7.24	1643	205	137
7.25-7.49	1700	213	142
7.50-7.74	1758	220	146
7.75-7.99	1816	227	151
8.00-8.24	1873	234	156
8.25-8.49	1931	241	161
8.50-8.74	1989	249	166
8.75-8.99	2046	256	171
9.00-9.24	2104	263	175
9.25-9.49	2162	270	180
9.50-9.74	2219	277	185
9.75-9.99	2277	285	190

**NOTE:** Calculations based on mid-point weight for each weight category. Quantities in stage 2 calculated on mid-point of range 110-130kcal/kg/day, i.e. 120kcal/kg/day



## Takeaway: Quick Tables for quantities of milk by weight category. Infants WITHOUT the possibility to be breastfed

### F-100 DILUTED/F-75

**NOTE:** The nutritional composition of F-100d/F-75 is close enough that we use the same quantities (ml) for both milks.

### STAGE 1 (100kcal/kg/day)

WEIGHT CATEGORY (kg)	F-100d/F-75 PER DAY (ml)	F-100d/F-75 PER FEED - <u>8</u> FEEDS (ml)	F-100d/F-75 PER FEED - <u>12</u> FEEDS (ml)
1.50-1.74	211	26	18
1.75-1.99	243	30	20
2.00-2.24	276	34	23
2.25-2.49	308	39	26
2.50-2.74	341	43	28
2.75-2.99	373	47	31
3.00-3.24	406	51	34
3.25-3.49	438	55	37
3.50-3.74	471	59	39
3.75-3.99	503	63	42
4.00-4.24	536	67	45
4.25-4.49	568	71	47
4.50-4.74	601	75	50
4.75-4.99	633	79	53
5.00-5.24	666	83	55
5.25-5.49	698	87	58
5.50-5.74	731	91	61
5.75-5.99	763	95	64
6.00-6.24	796	99	66
6.25-6.49	828	104	69
6.50-6.74	861	108	72
6.75-6.99	893	112	74
7.00-7.24	926	116	77
7.25-7.49	958	120	80
7.50-7.74	991	124	83
7.75-7.99	1023	128	85
8.00-8.24	1056	132	88
8.25-8.49	1088	136	91
8.50-8.74	1121	140	93
8.75-8.99	1153	144	96
9.00-9.24	1186	148	99
9.25-9.49	1218	152	102
9.50-9.74	1251	156	104
9.75-9.99	1283	160	107



## Takeaway: Quick Tables for quantities of milk by weight category. Infants WITHOUT the possibility to be breastfed

F-100 DILUTED/F-75

STAGE 2 (110-130kcal/kg/day)

WEIGHT CATEGORY (kg)	F-100d/F-75 PER DAY (ml)	F-100d/F-75 PER FEED - <u>8</u> FEEDS (ml)	F-100d/F-75 PER FEED - <u>12</u> FEEDS (ml)
1.50-1.74	253	32	21
1.75-1.99	292	36	24
2.00-2.24	331	41	28
2.25-2.49	370	46	31
2.50-2.74	409	51	34
2.75-2.99	448	56	37
3.00-3.24	487	61	41
3.25-3.49	526	66	44
3.50-3.74	565	71	47
3.75-3.99	604	75	50
4.00-4.24	643	80	54
4.25-4.49	682	85	57
4.50-4.74	721	90	60
4.75-4.99	760	95	63
5.00-5.24	799	100	67
5.25-5.49	838	105	70
5.50-5.74	877	110	73
5.75-5.99	916	114	76
6.00-6.24	955	119	80
6.25-6.49	994	124	83
6.50-6.74	1033	129	86
6.75-6.99	1072	134	89
7.00-7.24	1111	139	93
7.25-7.49	1150	144	96
7.50-7.74	1189	149	99
7.75-7.99	1228	153	102
8.00-8.24	1267	158	106
8.25-8.49	1306	163	109
8.50-8.74	1345	168	112
8.75-8.99	1384	173	115
9.00-9.24	1423	178	119
9.25-9.49	1462	183	122
9.50-9.74	1501	188	125
9.75-9.99	1540	192	128



## Takeaway: Quick Tables for quantities of milk by weight category. Infants WITHOUT the possibility to be breastfed

F-100 DILUTED/F-75

STAGE 3 (150kcal/kg/day)

WEIGHT CATEGORY (kg)	F-100d/F-75 PER DAY (ml)	F-100d/F-75 PER FEED - <u>8</u> FEEDS (ml)	F-100d/F-75 PER FEED - <u>12</u> FEEDS (ml)
1.50-1.74	316	39	26
1.75-1.99	365	46	30
2.00-2.24	413	52	34
2.25-2.49	462	58	39
2.50-2.74	511	64	43
2.75-2.99	560	70	47
3.00-3.24	608	76	51
3.25-3.49	657	82	55
3.50-3.74	706	88	59
3.75-3.99	755	94	63
4.00-4.24	803	100	67
4.25-4.49	852	107	71
4.50-4.74	901	113	75
4.75-4.99	950	119	79
5.00-5.24	998	125	83
5.25-5.49	1047	131	87
5.50-5.74	1096	137	91
5.75-5.99	1145	143	95
6.00-6.24	1193	149	99
6.25-6.49	1242	155	104
6.50-6.74	1291	161	108
6.75-6.99	1340	167	112
7.00-7.24	1388	174	116
7.25-7.49	1437	180	120
7.50-7.74	1486	186	124
7.75-7.99	1535	192	128
8.00-8.24	1583	198	132
8.25-8.49	1632	204	136
8.50-8.74	1681	210	140
8.75-8.99	1730	216	144
9.00-9.24	1778	222	148
9.25-9.49	1827	228	152
9.50-9.74	1876	234	156
9.75-9.99	1925	241	160