



Takeaway: Quick Tables for quantities of milk by weight category Infants WITH the possibility to be breastfed

BREASTMILK SUBSTITUTE (BMS)

STAGE 1 (100kcal/kg/day)

WEIGHT CATEGORY (kg)	BMS PER DAY (ml)	BMS PER FEED - 8 FEEDS (ml)	BMS PER FEED - 12 FEEDS (ml)
1.50-1.74	249	31	21
1.75-1.99	288	36	24
2.00-2.24	326	41	27
2.25-2.49	365	46	30
2.50-2.74	403	50	34
2.75-2.99	441	55	37
3.00-3.24	480	60	40
3.25-3.49	518	65	43
3.50-3.74	557	70	46
3.75-3.99	595	74	50
4.00-4.24	634	79	53
4.25-4.49	672	84	56
4.50-4.74	711	89	59
4.75-4.99	749	94	62
5.00-5.24	787	98	66
5.25-5.49	826	103	69
5.50-5.74	864	108	72
5.75-5.99	903	113	75
6.00-6.24	941	118	78
6.25-6.49	980	122	82
6.50-6.74	1018	127	85
6.75-6.99	1057	132	88
7.00-7.24	1095	137	91
7.25-7.49	1134	142	94
7.50-7.74	1172	146	98
7.75-7.99	1210	151	101
8.00-8.24	1249	156	104
8.25-8.49	1287	161	107
8.50-8.74	1326	166	110
8.75-8.99	1364	171	114
9.00-9.24	1403	175	117
9.25-9.49	1441	180	120
9.50-9.74	1480	185	123
9.75-9.99	1518	190	127



Takeaway: Quick Tables for quantities of milk by weight category Infants WITH the possibility to be breastfed

BREASTMILK SUBSTITUTE (BMS)

STAGE 2 - 75% OF STAGE 1 QUANTITIES

WEIGHT CATEGORY (kg)	BMS PER DAY (ml)	BMS PER FEED - 8 FEEDS (ml)	BMS PER FEED - 12 FEEDS (ml)
1.50-1.74	187	23	16
1.75-1.99	216	27	18
2.00-2.24	245	31	20
2.25-2.49	273	34	23
2.50-2.74	302	38	25
2.75-2.99	331	41	28
3.00-3.24	360	45	30
3.25-3.49	389	49	32
3.50-3.74	418	52	35
3.75-3.99	446	56	37
4.00-4.24	475	59	40
4.25-4.49	504	63	42
4.50-4.74	533	67	44
4.75-4.99	562	70	47
5.00-5.24	591	74	49
5.25-5.49	619	77	52
5.50-5.74	648	81	54
5.75-5.99	677	85	56
6.00-6.24	706	88	59
6.25-6.49	735	92	61
6.50-6.74	764	95	64
6.75-6.99	792	99	66
7.00-7.24	821	103	68
7.25-7.49	850	106	71
7.50-7.74	879	110	73
7.75-7.99	908	113	76
8.00-8.24	937	117	78
8.25-8.49	965	121	80
8.50-8.74	994	124	83
8.75-8.99	1023	128	85
9.00-9.24	1052	131	88
9.25-9.49	1081	135	90
9.50-9.74	1110	139	92
9.75-9.99	1139	142	95



Takeaway: Quick Tables for quantities of milk by weight category Infants WITH the possibility to be breastfed

BREASTMILK SUBSTITUTE (BMS)

STAGE 3 - 50% OF STAGE 1 QUANTITIES

WEIGHT CATEGORY (kg)	BMS PER DAY (ml)	BMS PER FEED - 8 FEEDS (ml)	BMS PER FEED - 12 FEEDS (ml)
1.50-1.74	125	16	10
1.75-1.99	144	18	12
2.00-2.24	163	20	14
2.25-2.49	182	23	15
2.50-2.74	201	25	17
2.75-2.99	221	28	18
3.00-3.24	240	30	20
3.25-3.49	259	32	22
3.50-3.74	278	35	23
3.75-3.99	298	37	25
4.00-4.24	317	40	26
4.25-4.49	336	42	28
4.50-4.74	355	44	30
4.75-4.99	375	47	31
5.00-5.24	394	49	33
5.25-5.49	413	52	34
5.50-5.74	432	54	36
5.75-5.99	451	56	38
6.00-6.24	471	59	39
6.25-6.49	490	61	41
6.50-6.74	509	64	42
6.75-6.99	528	66	44
7.00-7.24	548	68	46
7.25-7.49	567	71	47
7.50-7.74	586	73	49
7.75-7.99	605	76	50
8.00-8.24	624	78	52
8.25-8.49	644	80	54
8.50-8.74	663	83	55
8.75-8.99	682	85	57
9.00-9.24	701	88	58
9.25-9.49	721	90	60
9.50-9.74	740	92	62
9.75-9.99	759	95	63



Takeaway: Quick Tables for quantities of milk by weight category Infants WITH the possibility to be breastfed

BREASTMILK SUBSTITUTE (BMS)

STAGE 4 - 25% OF STAGE 1 QUANTITIES

WEIGHT CATEGORY (kg)	BMS PER DAY (ml)	BMS PER FEED - 8 FEEDS (ml)	BMS PER FEED - 12 FEEDS (ml)
1.50-1.74	62	8	5
1.75-1.99	72	9	6
2.00-2.24	82	10	7
2.25-2.49	91	11	8
2.50-2.74	101	13	8
2.75-2.99	110	14	9
3.00-3.24	120	15	10
3.25-3.49	130	16	11
3.50-3.74	139	17	12
3.75-3.99	149	19	12
4.00-4.24	158	20	13
4.25-4.49	168	21	14
4.50-4.74	178	22	15
4.75-4.99	187	23	16
5.00-5.24	197	25	16
5.25-5.49	206	26	17
5.50-5.74	216	27	18
5.75-5.99	226	28	19
6.00-6.24	235	29	20
6.25-6.49	245	31	20
6.50-6.74	255	32	21
6.75-6.99	264	33	22
7.00-7.24	274	34	23
7.25-7.49	283	35	24
7.50-7.74	293	37	24
7.75-7.99	303	38	25
8.00-8.24	312	39	26
8.25-8.49	322	40	27
8.50-8.74	331	41	28
8.75-8.99	341	43	28
9.00-9.24	351	44	29
9.25-9.49	360	45	30
9.50-9.74	370	46	31
9.75-9.99	380	47	32

NOTE: Calculations based on mid-point weight for each weight category



Takeaway: Quick Tables for quantities of milk by weight category Infants WITH the possibility to be breastfed

F-100 DILUTED/F-75

NOTE: The nutritional composition of F-100d/F-75 is close enough that we use the same quantities (ml) for both milks.

STAGE 1 (100kcal/kg/day)

WEIGHT CATEGORY (kg)	F-100d/F-75 PER DAY	F-100d/F-75 PER FEED - 8 FEEDS	F-100d/F-75 PER FEED - 12 FEEDS
1.50-1.74	211	26	18
1.75-1.99	243	30	20
2.00-2.24	276	34	23
2.25-2.49	308	39	26
2.50-2.74	341	43	28
2.75-2.99	373	47	31
3.00-3.24	406	51	34
3.25-3.49	438	55	37
3.50-3.74	471	59	39
3.75-3.99	503	63	42
4.00-4.24	536	67	45
4.25-4.49	568	71	47
4.50-4.74	601	75	50
4.75-4.99	633	79	53
5.00-5.24	666	83	55
5.25-5.49	698	87	58
5.50-5.74	731	91	61
5.75-5.99	763	95	64
6.00-6.24	796	99	66
6.25-6.49	828	104	69
6.50-6.74	861	108	72
6.75-6.99	893	112	74
7.00-7.24	926	116	77
7.25-7.49	958	120	80
7.50-7.74	991	124	83
7.75-7.99	1023	128	85
8.00-8.24	1056	132	88
8.25-8.49	1088	136	91
8.50-8.74	1121	140	93
8.75-8.99	1153	144	96
9.00-9.24	1186	148	99
9.25-9.49	1218	152	102
9.50-9.74	1251	156	104
9.75-9.99	1283	160	107



Takeaway: Quick Tables for quantities of milk by weight category Infants WITH the possibility to be breastfed

F-100 DILUTED/F-75

STAGE 2 - 75% OF STAGE 1 QUANTITIES

WEIGHT CATEGORY (kg)	F-100d/F-75 PER DAY	F-100d/F-75 PER FEED - 8 FEEDS	F-100d/F-75 PER FEED - 12 FEEDS
1.50-1.74	158	20	13
1.75-1.99	182	23	15
2.00-2.24	207	26	17
2.25-2.49	231	29	19
2.50-2.74	255	32	21
2.75-2.99	280	35	23
3.00-3.24	304	38	25
3.25-3.49	329	41	27
3.50-3.74	353	44	29
3.75-3.99	377	47	31
4.00-4.24	402	50	33
4.25-4.49	426	53	36
4.50-4.74	450	56	38
4.75-4.99	475	59	40
5.00-5.24	499	62	42
5.25-5.49	524	65	44
5.50-5.74	548	68	46
5.75-5.99	572	72	48
6.00-6.24	597	75	50
6.25-6.49	621	78	52
6.50-6.74	645	81	54
6.75-6.99	670	84	56
7.00-7.24	694	87	58
7.25-7.49	719	90	60
7.50-7.74	743	93	62
7.75-7.99	767	96	64
8.00-8.24	792	99	66
8.25-8.49	816	102	68
8.50-8.74	840	105	70
8.75-8.99	865	108	72
9.00-9.24	889	111	74
9.25-9.49	914	114	76
9.50-9.74	938	117	78
9.75-9.99	962	120	80



Takeaway: Quick Tables for quantities of milk by weight category Infants WITH the possibility to be breastfed

F-100 DILUTED/F-75

STAGE 3 - 50% OF STAGE 1 QUANTITIES

WEIGHT CATEGORY (kg)	F-100d/F-75 PER DAY	F-100d/F-75 PER FEED - 8 FEEDS	F-100d/F-75 PER FEED - 12 FEEDS
1.50-1.74	105	13	9
1.75-1.99	122	15	10
2.00-2.24	138	17	11
2.25-2.49	154	19	13
2.50-2.74	170	21	14
2.75-2.99	187	23	16
3.00-3.24	203	25	17
3.25-3.49	219	27	18
3.50-3.74	235	29	20
3.75-3.99	252	31	21
4.00-4.24	268	33	22
4.25-4.49	284	36	24
4.50-4.74	300	38	25
4.75-4.99	317	40	26
5.00-5.24	333	42	28
5.25-5.49	349	44	29
5.50-5.74	365	46	30
5.75-5.99	382	48	32
6.00-6.24	398	50	33
6.25-6.49	414	52	35
6.50-6.74	430	54	36
6.75-6.99	447	56	37
7.00-7.24	463	58	39
7.25-7.49	479	60	40
7.50-7.74	495	62	41
7.75-7.99	512	64	43
8.00-8.24	528	66	44
8.25-8.49	544	68	45
8.50-8.74	560	70	47
8.75-8.99	577	72	48
9.00-9.24	593	74	49
9.25-9.49	609	76	51
9.50-9.74	625	78	52
9.75-9.99	642	80	53



Takeaway: Quick Tables for quantities of milk by weight category Infants WITH the possibility to be breastfed

F-100 DILUTED/F-75

STAGE 4 - 25% OF STAGE 1 QUANTITIES

WEIGHT CATEGORY (kg)	F-100d/F-75 PER DAY	F-100d/F-75 PER FEED - 8 FEEDS	F-100d/F-75 PER FEED - 12 FEEDS
1.50-1.74	53	7	4
1.75-1.99	61	8	5
2.00-2.24	69	9	6
2.25-2.49	77	10	6
2.50-2.74	85	11	7
2.75-2.99	93	12	8
3.00-3.24	101	13	8
3.25-3.49	110	14	9
3.50-3.74	118	15	10
3.75-3.99	126	16	10
4.00-4.24	134	17	11
4.25-4.49	142	18	12
4.50-4.74	150	19	13
4.75-4.99	158	20	13
5.00-5.24	166	21	14
5.25-5.49	175	22	15
5.50-5.74	183	23	15
5.75-5.99	191	24	16
6.00-6.24	199	25	17
6.25-6.49	207	26	17
6.50-6.74	215	27	18
6.75-6.99	223	28	19
7.00-7.24	231	29	19
7.25-7.49	240	30	20
7.50-7.74	248	31	21
7.75-7.99	256	32	21
8.00-8.24	264	33	22
8.25-8.49	272	34	23
8.50-8.74	280	35	23
8.75-8.99	288	36	24
9.00-9.24	296	37	25
9.25-9.49	305	38	25
9.50-9.74	313	39	26
9.75-9.99	321	40	27

NOTE:

Calculations based on mid-point weight for each weight category