














Takeaway: Summary of Nutritional Treatment

	Objective	NUTRITIONAL TREATMENT	Duration
 <p>PHASE 1 : STABILISATION - inpatient -</p>	<ul style="list-style-type: none"> • Restore metabolic function • Stabilise clinical condition • Begin resolution of oedema 	 <p>F-75 - QUANTITY</p> <ul style="list-style-type: none"> • 135ml/kg/day • 8 meals/day • 100kcal/kg/day maximum 	 <p>Usually 1-7 days</p>
 <p>TRANSITION PHASE - inpatient -</p>	<ul style="list-style-type: none"> • Ensure return of appetite and acceptability of RUTF • Ensure ongoing clinical improvement • Continued improvement of oedema 	 <p>or</p>  <p>OPTION A : RUTF-Based</p> <p>OPTION B : F-100-Based</p> <p>QUANTITY</p> <ul style="list-style-type: none"> • 6 or 8 meals/day • 135kcal/kg/day 	 <p>Usually 1-3 days</p>
 <p>PHASE 2 : REHABILISATION - outpatient - - rarely ITFC -</p>	<ul style="list-style-type: none"> • Promote weight gain and return to regular development • Recovery 	 <p>+</p>  <p>RUTF</p> <p>QUANTITY</p> <ul style="list-style-type: none"> • prescribed by weight • 200kcal/kg/day <p>Family meals if still hungry after RUTF consumed.</p>	 <p>30-35 days (after ITFC)</p>